

NEW SCHOLAR ORIENTATION 2026



2026 New Scholar Orientation Clothing Guide & Checklist

The guide below is designed to help you prepare for the 2026 New Scholar Orientation at Hofstra University. Please make every effort to follow the dress code guidelines. We encourage attire that reflects a positive impression while also allowing you to remain comfortable and fully engaged in all program activities.

We recommend traveling with a carry-on bag when possible. Please note that checking a bag at the airport typically incurs a fee of \$45–\$50; your NSO stipend is intended to help offset this cost if needed. If you plan to bring a carry-on, be sure to review your airline’s website in advance for specific size requirements and restrictions on liquids such as lotions and perfumes.

Dress Code:

Thursday July 9 th	Casual: Relaxed, comfortable and appropriate for everyday wear and activities. Clean clothes free of holes, stains, and over revealing cuts.	<ul style="list-style-type: none"> ✓ Jeans, shorts that fall an inch above the knee ✓ No offensive language or graphics on attire; ✓ No Athletic Wear (baggy sweatpants, leggings, and cropped tops) ✓ Footwear – comfortable shoes, no slides or crocs
Friday July 10 th	Business Casual: professional attire while maintaining a relaxed and comfortable appearance	<ul style="list-style-type: none"> ✓ Dress pants/ khakis ✓ Shirts/blouses ✓ Jackets / sweaters ✓ Dresses/skirts that fall below the knee ✓ Dress shoes, loafers, sandals ✓ No flip flops
Saturday July 11 th	Casual	<ul style="list-style-type: none"> ✓ Same Casual Attire Guidelines as Above ✓ For cultural outing on Saturday afternoon, wear JRF T-shirt
Sunday July 12 th	Casual	<ul style="list-style-type: none"> ✓ Attire comfortable for travel

*Head coverings will not be allowed during programming unless for religious purposes.

General Packing List

Required:

- Valid State Issued Real ID or Passport (for travel)
- Medical Insurance Card
- Rx Medications (if necessary)
- Cash / Debit Card

Items to Pack:

- Comfortable walking shoes
- Casual clothes suitable for warm weather—adhering to JRF guidelines
 - Given the warm, humid weather in New York, typically during July, Scholars are urged to wear loose-fitting, breathable fibers (e.g., cotton, lightweight polyester and other synthetics, and linen)
- College T Shirt
- One Business Casual Outfit/Shoes
- Fresh socks and undergarments
- Light sweater or jacket in case it gets chilly in AC, light raincoat in case it rains
- Toiletries** (toothbrush, toothpaste, deodorant, shampoo, conditioner, soap)
- Phone Charger and necessary electronics
- Small backpack or tote bag to carry items around
- Water Bottle
- Sunscreen / Sun Protectant for Outdoor Activities
- Protective Eyewear and Headgear for Sun Protection
- Notepad/ Pencil for Taking Notes
- Pajamas/Robe*
- Gym Attire for workouts (optional)

*The dormitory and rooms Scholars will stay in during NSO are air-conditioned and can be quite cool, so Scholars are encouraged to bring warm pajamas and a throw for extra comfort.